



WESTERN SUFFOLK BOCES JEA ALTERNATIVE HS BREAKFAST MENU APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Pancakes served with Syrup Turkey Sausage Patty <i>OR</i> Cold Cereal	2 Egg Patty on WW Bun 100% Fruit Juice <i>OR</i> Cold Cereal 100% Fruit Juice	3 Warm Muffin and Cheese <i>stick</i> <i>OR</i> Cold Cereal	4 <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice
7 <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese	8 Waffles served with Syrup and Turkey Sausage Patty <i>OR</i> Cold Cereal	9 Colby Omelet on a WW Bun 100% Fruit Juice <i>OR</i> Cold Cereal 100% Fruit Juice	10 WG Cinnamon Donut Holes and Cheese stick <i>OR</i> Cold Cereal	11 <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice
14 SPRING RECESS	15 SPRING RECESS	16 SPRING RECESS	17 SPRING RECESS	18 SPRING RECESS
21 <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese	22 French Toast served with Syrup and Cheese stick <i>OR</i> Cold Cereal	23 Colby Omelet on a WW Bun 100% Fruit Juice <i>OR</i> Cold Cereal 100% Fruit Juice	24 Waffles served with Syrup and Turkey Sausage Patty <i>OR</i> Cold Cereal	25 <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice
28 <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese	29 Pancakes served with Syrup Turkey Sausage Patty <i>OR</i> Cold Cereal	30 Egg Patty on WW Bun 100% Fruit Juice <i>OR</i> Cold Cereal 100% Fruit Juice		

***Free breakfast
for all students***

Breakfast Components

Meat/Meat Alternate

- Grain:
-1 oz daily OR 1 oz Grain

Whole Grain:
-1 oz daily

Fruit / Fruit Juice:
-1 cup / ½ cup offered twice per week

Milk :
-8 oz milk choice

USDA Regulations:
-Students are required to take three (3) out of four (4) components
-One (1) must be a fruit component



Cereal, fruit and milk choice offered daily
Breakfast Alternative: Bagel or Roll

Menu is subject to change without notice based on availability
This institution is an equal opportunity provider and employer

Now hiring Food Service Workers. Call 631-425-9045 for information