

## WESTERN SUFFOLK BOCES JEA JUNIOR / SENIOR BREAKFAST MENU APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 BREAKFAST BONANZA Choice of: French Toast / Pancake / Waffle served with Syrup and Cheese stick OR Cold Cereal	Egg Patty on WW Bun 100% Fruit Juice <i>OR</i> Cold Cereal 100% Fruit Juice	3 Warm Muffin and Cheese stick OR Cold Cereal	Choice of: Cold Cereal Buttered Bagel served with Cheese stick OR Bagel with Cream Cheese 100% Fruit Juice
7 Choice of: Cold Cereal Buttered Bagel served with Cheese stick OR Bagel with Cream Cheese	8 Pancakes served with Syrup Turkey Sausage Patty OR Cold Cereal	9 Colby Omelet on a WW Bun 100% Fruit Juice <i>OR</i> Cold Cereal 100% Fruit Juice	10 French Toast served with Syrup and Cheese stick OR Cold Cereal	Choice of: Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice
SPRING RECESS	SPRING RECESS	SPRING RECESS	SPRING RECESS	SPRING RECESS
21 Choice of: Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese	French Toast served with Syrup and Cheese stick OR Cold Cereal	Colby Omelet on a WW Bun 100% Fruit Juice OR Cold Cereal 100% Fruit Juice	24 Pancakes served with Syrup and Canadian Bacon OR Cold Cereal	25 Choice of: Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice
28 Choice of: Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese	29 BREAKFAST BONANZA Choice of: French Toast / Pancake / Waffle served with Syrup and Cheese stick OR Cold Cereal	30 Egg Patty on WW Bun 100% Fruit Juice OR Cold Cereal 100% Fruit Juice		

\*Free breakfast for all students\*

Breakfast Components

Meat/Meat Alternate
- Grain:

-1 oz daily OR 1 oz Grain

Whole Grain: -1 oz daily

Fruit / Fruit Juice:
-1 cup / ½ cup offered
twice per week

Milk:

-8 oz milk choice

USDA Regulations:
-Students are required to take three (3) out of four (4) components
-One (1) must be a fruit component

