



# WESTERN SUFFOLK BOCES MANOR PLAINS BREAKFAST MENU APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> French Toast Bites served with Syrup and Cheese stick <i>OR</i> Cold Cereal	<b>2</b> Egg Patty on WW Bun 100% Fruit Juice <i>OR</i> Cold Cereal 100% Fruit Juice	<b>3</b> Warm Muffin and Cheese <i>stick</i> <i>OR</i> Cold Cereal	<b>4</b> <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice
<b>7</b> <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese	<b>8</b> Pancakes served with Syrup Turkey Sausage Patty <i>OR</i> Cold Cereal	<b>9</b> Colby Omelet on a WW Bun Crispy Hash Browns 100% Fruit Juice <i>OR</i> Cold Cereal 100% Fruit Juice	<b>10</b> French Toast served with Syrup and Cheese stick <i>OR</i> Cold Cereal	<b>11</b> <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice
<b>14</b>  SPRING RECESS	<b>15</b>  SPRING RECESS	<b>16</b>  SPRING RECESS	<b>17</b>  SPRING RECESS	<b>18</b>  SPRING RECESS
<b>21</b> <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese	<b>22</b> Warm Muffin and Cheese <i>stick</i> <i>OR</i> Cold Cereal	<b>23</b> Colby Omelet on a WW Bun 100% Fruit Juice <i>OR</i> Cold Cereal 100% Fruit Juice	<b>24</b> French Toast served with Syrup and Canadian Bacon <i>OR</i> Cold Cereal	<b>25</b> <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese 100% Fruit Juice
<b>28</b> <u>Choice of:</u> Cold Cereal Buttered Bagel served with Cheese stick <i>OR</i> Bagel with Cream Cheese	<b>29</b> <u>BREAKFAST BONANZA</u> <u>Choice of:</u> French Toast / Pancake / Waffle served with Syrup and Cheese stick <i>OR</i> Cold Cereal	<b>30</b> Egg Patty on WW Bun 100% Fruit Juice <i>OR</i> Cold Cereal 100% Fruit Juice		

**\*Free breakfast for all students\***

**Breakfast Components**

Meat/Meat Alternate

- Grain:  
-1 oz daily OR 1 oz Grain

Whole Grain:  
-1 oz daily

Fruit / Fruit Juice:  
-1 cup / ½ cup offered twice per week

Milk :  
-8 oz milk choice

USDA Regulations:  
-Students are required to take three (3) out of four (4) components  
-One (1) must be a fruit component



Cereal, fruit and milk choice offered daily  
Breakfast Alternative: Bagel or Roll

03/06/2025

Menu is subject to change without notice based on availability  
This institution is an equal opportunity provider and employer  
**Now hiring Food Service Workers. Call 631-425-9045 for information**