



# WESTERN SUFFOLK BOCES ABRAHAM LINCOLN BREAKFAST MENU APRIL 2025

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|---|--|
|   | <b>1</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick  | <b>2</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick<br>100% Fruit Juice  | <b>3</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick  | <b>4</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick<br>100% Fruit Juice           |
| <b>7</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick  | <b>8</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick  | <b>9</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick<br>100% Fruit Juice  | <b>10</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick | <b>11</b><br>Choice of:<br>Cold Cereal<br>Buttered Bagel served with Cheese stick <i>OR</i><br>Bagel with Cream Cheese<br>100% Fruit Juice |
| <b>14</b><br><br>SPRING RECESS  | <b>15</b><br><br>SPRING RECESS  | <b>16</b><br><br>SPRING RECESS  | <b>17</b><br><br>SPRING RECESS  | <b>18</b><br><br>SPRING RECESS   |
| <b>21</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick | <b>22</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick | <b>23</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick<br>100% Fruit Juice | <b>24</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick | <b>25</b><br>Choice of:<br>Cold Cereal<br>Buttered Bagel served with Cheese stick <i>OR</i><br>Bagel with Cream Cheese<br>100% Fruit Juice |
| <b>28</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick | <b>29</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick | <b>30</b><br>Choice of:<br>Cold Cereal<br>Yogurt with Graham Cracker<br><i>OR</i><br>Muffin with Cheese stick<br>100% Fruit Juice |   |  |

**\*Free breakfast  
for all students\***

**Breakfast Components**

Meat/Meat Alternate

- Grain:  
-1 oz daily OR 1 oz Grain

Whole Grain:  
-1 oz daily

Fruit / Fruit Juice:  
-1 cup / ½ cup offered twice per week

Milk :  
-8 oz milk choice

USDA Regulations:  
-Students are required to take three (3) out of four (4) components  
-One (1) must be a fruit component



03/06/2025

Cereal, fruit and milk choice offered daily  
Menu is subject to change without notice based on availability  
This institution is an equal opportunity provider and employer  
**Now hiring Food Service Workers. Call 631-425-9045 for information**