



WESTERN SUFFOLK BOCES
JEA ALTERNATIVE HS LUNCH MENU
APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PIZZA FRIDAYS
	1 Crispy Chicken Patty with Cheese on WW Bun Dipping Sauce Mashed Sweet Potatoes	2 Jalapeno Cheese Bites served with Dipping Sauce Sautéed Spinach	3 Oven Baked "Fried" Chicken Dipping Sauce Tater Tots Seasoned Carrots Small Roll	4 Cheese Pizza Roasted Broccoli
7 Cheesy Mozzarella Sticks served with Dipping Sauce Small Roll Sautéed Spinach	8 Golden Crispy Chicken Tenders with Dipping Sauce Crunchy Carrots Small Roll	9 Jamaican Beef Patty served with Mixed Vegetables	10 Turkey Taco served with fixings Seasoned Beans Roasted Broccoli	11 Cheese Pizza Three Bean Salad
14 SPRING RECESS	15 SPRING RECESS	16 SPRING RECESS	17 SPRING RECESS	18 SPRING RECESS
21 Pizza Crunchers Chick Pea Salad	22 Oven Baked "Fried" Chicken Dipping Sauce Carrot Coins Small Roll	23 Meatball Sandwich on a WW Bun Seasoned Broccoli	24 Zesty Jamaican Beef Patty served with Oven Baked French Fries Spinach	25 Cheese Pizza Green Salad served with Dressing
28 Hotdog on WW Bun Oven Baked French Fries Vegetarian Baked Beans	29 Crispy Chicken Patty On WW Bun Dipping Sauce Mashed Sweet Potatoes	30 Jalapeno Cheese Bites served with Dipping Sauce Sautéed Spinach		

***Free lunch
for all students***

Meal Components
 (Minimum requirements)
Meat/Meat alternative:
 1 oz daily
 9 oz weekly
Whole Grain:
 1 oz daily
 8 oz weekly
Vegetable:
 3/4 cup daily
Fruit :
 1 cup daily
Milk :
 8 oz milk choice
USDA Regulations:
 Students must take three
 (3) out of five (5)
 components.
 One (1) of which must be a
 fruit or vegetable.

Fruit and milk choice offered daily

Lunch Alternative: Sandwich

Menu is subject to change without notice based on availability

This institution is an equal opportunity provider and employer

Now hiring Food Service Workers. Call 631-425-9045 for information