

# WESTERN SUFFOLK BOCES BRENNAN MS / HS LUNCH MENU APRIL 2025

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | PIZZA FRIDAYS                         |
|--|---|--|--|---------------------------------------|
|  | 1<br>Crispy Popcorn Chicken<br>with Dipping Sauce<br>Creamy Mashed Potatoes<br>Small Roll | 2<br>Savory Meatball<br>Parmigiana Sandwich<br>Crunchy Carrots           | 3<br>Chicken Patty with Cheese<br>On WW Bun<br>Vegetarian Beans                          | 4<br>Cheese Pizza<br>Roasted Broccoli |
| 7<br>Cheesy Mozzarella Sticks<br>served with Dipping Sauce<br>Sautéed Spinach<br>Small Roll    | 8<br>Breaded Chicken Patty<br>on WW Bun<br>Mashed Sweet Potatoes                          | 9<br>Savory Meatball Hero<br>with Marinara Sauce<br>Seasoned Green Beans | 10<br>Chicken Fajita with<br>Cheese on Wrap served<br>with a side of Salsa<br>Sweet Corn | 11<br>Cheese Pizza<br>Chick Pea Salad |
| 14 SPRING RECESS   | SPRING RECESS   | SPRING RECESS  | 17 SPRING RECESS   | 18 SPRING RECESS                      |
| 21<br>Pizza Crunchers<br>Seasoned Broccoli   | 22<br>Golden Chicken Tenders<br>served with Dipping Sauce<br>Mashed Sweet Potatoes        | 23<br>Turkey Taco with fixings<br>Sweet Corn                             | 24<br>Hamburger / Cheeseburger<br>on WW Bun<br>Oven Baked French Fries                   | 25<br>Cheese Pizza<br>Sautéed Spinach |
| 28<br>Cheesy Mozzarella Sticks<br>served with Dipping Sauce<br>String Bean Salad<br>Small Roll | 29<br>Hotdog on WW Bun<br>Oven Baked French Fries<br>Vegetarian Baked Beans               | 30<br>Breaded Chicken Patty<br>Parmigiana<br>Seasoned Broccoli           |  |                                       |

\*Free lunch for all students\*

## **Meal Components**

(Minimum requirements)

## Meat/Meat alternative:

1 oz daily

9 oz weekly

#### **Whole Grain:**

1 oz daily

8 oz weekly

## Vegetable:

3/4 cup daily

#### Fruit:

1 cup daily

#### Milk:

8 oz milk choice

## **USDA Regulations:**

Students must take three

## (3) out of five (5)

components.

One (1) of which must be a fruit or vegetable.