

WESTERN SUFFOLK BOCES JEA JUNIOR / SENIOR LUNCH MENU APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PIZZA FRIDAYS
	1 Crispy Chicken Nuggets with Dipping Sauce Spinach Small Roll	2 Italian-Inspired Beef Bolognese served with Pasta String Beans	3 Chicken Fajita on Flatbread served with a side of Salsa Vegetarian Baked Beans	4 Cheese Pizza Crunchy Carrots
7 Cheesy Mozzarella Sticks served with Dipping Sauce Small Roll Sautéed Spinach	8 Golden Crispy Chicken Tenders served with Dipping Sauce Mashed Sweet Potatoes	9 DELI DAY Ham & Cheese / Turkey & Cheese on Sliced WW Bread Oven Baked French Fries	10 Taco served with fixings Refried Beans	11 Cheese Pizza Green Bean Salad
14 SPRING RECESS	SPRING RECESS	SPRING RECESS	SPRING RECESS	18 SPRING RECESS
21 Pizza Crunchers Crunchy Carrots	22 "WSB BOWL" Crispy Popcorn Chicken over Mashed Potatoes, Sweet Corn and topped with Shredded Cheddar and Gravy Small Roll	23 Hamburger / Cheeseburger served on a WW Bun Sautéed Spinach	24 BRUNCH FOR LUNCH Colby Cheese Omelet on a WW Bun with Seasoned Potatoes	25 Cheese Pizza Green Salad served with Dressing
28 Hotdog on WW Bun Oven Baked French Fries Vegetarian Baked Beans	29 Crispy Chicken Nuggets with Dipping Sauce Crunchy Carrots Small Roll	30 MAC & TREES Elbow Macaroni & Cheese Seasoned Broccoli		

Free lunch for all students

Meal Components

(Minimum requirements)

Meat/Meat alternative:

1 oz daily

9 oz weekly

Whole Grain:

1 oz daily

8 oz weekly

Vegetable:

3/4 cup daily

Fruit:

1 cup daily

Milk:

8 oz milk choice

USDA Regulations:

JODA Negulations.

(3) out of five (5)

components.

One (1) of which must be a fruit or vegetable.

Students must take three

Fruit and milk choice offered daily Lunch Alternative: Sandwich