



**WESTERN SUFFOLK BOCES  
MANOR PLAINS LUNCH MENU  
APRIL 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	PIZZA FRIDAYS
	<b>1</b> <b>"WSB BOWL"</b> Crispy Chicken Nuggets over Mashed Potatoes, Sweet Corn and topped with Shredded Cheddar and Gravy Small Roll	<b>2</b> Crispy Mac & Cheese Bites Sautéed Broccoli	<b>3</b> Chicken Fajita on a Wrap served with a side of Salsa Seasoned Vegetarian Beans	<b>4</b> Cheese Pizza Crunchy Carrots
<b>7</b> Breaded Mozzarella Sticks served with Sauce Mixed Vegetables Small Roll	<b>8</b> Breaded Chicken Patty with Cheese served on a WW Bun Oven Baked French Fries Carrot Coins	<b>9</b> Meatballs served with Tomato Sauce over Pasta Spinach	<b>10</b> Taco served with fixings Refried Beans Sweet Corn	<b>11</b> Cheese Pizza Three Bean Salad
<b>14</b>  SPRING RECESS	<b>15</b>  SPRING RECESS	<b>16</b>  SPRING RECESS	<b>17</b>  SPRING RECESS	<b>18</b>  SPRING RECESS
<b>21</b> Breaded Mozzarella Sticks served with Sauce Seasoned Broccoli Small Roll	<b>22</b> Golden Crispy Chicken Tenders with Dipping Sauce Mashed Sweet Potatoes	<b>23</b> Sweet & Sour Meatballs Steamed Rice Sweet Peas & Carrots	<b>24</b> Hotdog on WW Bun Mixed Vegetables Oven Baked French Fries	<b>25</b> Cheese Pizza Green Salad served with Dressing
<b>28</b> Hamburger / Cheeseburger on a WW Bun Crispy Onion Rings Chick Pea Salad	<b>29</b> Crispy Chicken Nuggets with Dipping Sauce Spinach Small Roll	<b>30</b> Savory Chicken & Vegetable Dumplings served with an Asian Dipping Sauce Tasty Carrots		

**\*Free lunch  
for all students\***

**Meal Components**  
(Minimum requirements)  
**Meat/Meat alternative:**  
1 oz daily  
9 oz weekly  
**Whole Grain:**  
1 oz daily  
8 oz weekly  
**Vegetable:**  
3/4 cup daily  
**Fruit :**  
1 cup daily  
**Milk :**  
8 oz milk choice  
**USDA Regulations:**  
Students must take three (3) out of five (5) components.  
One (1) of which must be a fruit or vegetable.

Fruit and milk choice offered daily

Lunch Alternative: Sandwich

Menu is subject to change without notice based on availability

This institution is an equal opportunity provider and employer

**Now hiring Food Service Workers. Call 631-425-9045 for information**